Excel Spreadsheet Project

Fast Food Facts

Objectives:

Create an Excel Spreadsheet

Create your name in WordArt

Create a chart

Insert a text box

Interpret the chart

Insert a graphic

Use social bookmarking

Insert a footer with the date

*Step 1:*

**Skim through the information about nutrition and fast food resources at this link:**

[Nutrition Facts at US Food and Drug Administration](http://www.fda.gov/Food/ResourcesForYou/Consumers/ucm266853.htm)

*(Scroll down to see the entire page)*

Read about labels at this link:

[Understanding the Label](http://www.fda.gov/Food/ResourcesForYou/Consumers/NFLPM/ucm274593.htm)

*Step 2:*

**Now you are ready to explore some Fast Food Sites and plan your project** You must decide what fast food menu items and what nutritional facts you will compare using Excel.  Fries?  Cheeseburgers? Pizza? Happy Meals?  You must select three or more menu items and three or more nutritional facts to compare using Excel.  Calories? Protein? Sugars? Your Choice you decide, you may want to analyze your favorite fast food eats.  **(Use one fast food place, select 3 or more items from that menu, 3 or more nutritional facts and compare on an Excel worksheet.)**

**McDonalds** <http://www.mcdonalds.com/usa/eat/nutrition_info.html>

**Burger King** [http://www.bk.com/#menu=3,-1,-1](http://www.bk.com/" \l "menu=3,-1,-1)

**Wendy's**  <http://www.wendys.com/food/NutritionLanding.jsp>

**Hardee's**  <http://www.hardees.com/menu>

**Arby's**  <http://www.arbys.com/nutrition/>

**Taco Bell**  <http://www.tacobell.com/>

**Papa John's**  <http://www.papajohns.com/menu/index.htm>

**KFC**  <http://www.kfc.com/nutrition/default.asp>

***Step 3:***

Record your information on Excel spreadsheet.

* In cell A1, insert your name in WordArt.
* Insert the name of your restaurant in A2
* Enter the label Item in A4.
* Enter the nutritional value names in B4 going across in C4 and D4.
* Enter your data. (Make sure to use ONLY numbers) You could put the measurement value in the label, ie. Grams.
* Create a chart to display your findings.

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| --- | --- | --- | --- |
| Fast Food Fun | 10 pts. | 8 | 7 |
| Objective 1: Enter and work with data in a spreadsheet and format data and use formulas and functions | Entered all data correctly. Completed required formatting, used formulas and functions correctly, used advanced formatting techniques to design spreadsheet | Entered all data correctly,was able to format some of spreadsheet, attempted to use formulas and functions | Entered most data correctly, some incorrect formatting, some formulas and functions used |
| Objective 2: Create charts to analyze data | Created required charts with correct elements including title, names of axis, legend, and data labels; correct data displayed; used advanced charting techniues to design charts beyond requirements | Created minimal charts with correct data displayed | Created minimal charts, some formatting, some incorrect data |
| Objective 4: Summarize findings using a text box | Detailed summary with additional inofrmation beyond required elements; met or exceeeded length and format requirements. | Some attempt to draw conclusions about data; some attempt to meet length requirements | Brief summary; no attempt to draw conclusions from data |
| Word Art and Graphic | Met or exceeded requirement. | Used one of these elements | No attempt to use elements. |

***Step 4:***

* Insert a text box under the chart and list three facts that you see from the chart in regard to what is healthy for you and what is not.
* Insert a graphic somewhere on the spreadsheet
* Insert a footer on the spreadsheet with the current date.
* Save the spreadsheet as class\_lastname\_fastfood
* Send to me as an email attachment with your class in the subject line.